



## OWHIRO BAY SCHOOL NEWSLETTER

Issue No. 4

24 February 2010

### Important Dates To Remember

• School Picnic (postponement date 26 February)	25 February
• School Fun Run (postponement date 4 March)	2 March
• Parentlink Meeting 2.00 pm	5 March
• Bikes & Wheels Safety with Constable Duncan	11 March
• Nominations for BOT elections open	15 March
• School Hangi	19 March
• Primary Teachers paid Union Meeting (1.30 pm)	24 March
• One Learning Community Unveiling Celebration 5.30 pm (change of date)	25 March
• Mulching Day with WCC	30 March
• Three Way Conferences—Learning Conversations	30/31 March
• End of Term—Thursday 2.00 pm	1 April
• Good Friday	2 April
• Board Nominations Close	23 April
• Board Election Date	7 May

### FROM THE PRINCIPAL'S DESK

Kia ora, Nameste, Shalom, Talofa, Konchiwa, Guten Tag, ni Hao, Kia orana, Hello, Hi

I hope that you are all enjoying the beautiful summer temperatures – and long may they last!

Please note the special plea for coordinators and organizers for the 2010 hangi. Although it would be a shame to have to postpone the hangi until next year, we will let you know if this is happening in next week's newsletter (once we see if we have people to take on those organization/co-ordination roles).

Also please note a change in date for the Learning Community unveiling celebration to Thursday 25 March. The plan is for a short ceremony for the unveiling at 5:30pm then a 'sausage sizzle' and social time to follow. An invite will be coming home via the newsletter but please re-diary the changed date now.

With 'National Standards' being very much in the media lately the Board, staff and I would like to reassure you that we already undertake many assessments of your child at Owhiro Bay School including 'national normed' assessments such as School Entry Assessment, Six year Observation survey, PAT (Progress and Achievement Tests) for Mathematics, Listening and Reading Comprehension. At staff and Board meetings we have talked about how best to let you know what we currently do at Owhiro Bay School and any minor changes that will occur for you and your child/ren this year. We have ordered a copy of a pamphlet about the National Standards from the Ministry of Education for each family. Hopefully this will arrive in time for next week's newsletter so we can send it home to you with information of what this means in our school.

Please take a few moments to fill in the Health and PE survey attached to this newsletter. Your responses to this will help guide our planning for this learning area over the next two years.

Hope to see you at the school picnic tomorrow (weather and parent helpers permitting) and at the Fun Run next Tuesday. Have a great week everyone.

Ka kite

Karen

## Thanks

To the parents/caregivers who contacted us to say how happy they were to receive the newsletter by email last week. If you are receiving your email in hard copy and would be willing to swap to email in an effort to save paper and photocopy costs, please send these details on to Wendy.

To the parents/caregivers who have been accompanying children to their fun run practices each morning. Your help is appreciated.

To Andrew Ioannou for working on an innovative way to secure Harakeke and Taupata's murals to the end wall of their prefab.

To George Theodorou who has offered the use of his digger on the day prior to the hangi and during the day, also for helping with the pit preparation on Thursday evening and putting hangi in on Friday morning.

### DISCOVERY TIME

Could Room 6, 4 and 5 students, please bring a soft toy "pet" to school for Discovery Time this Friday.

Thank you.



### PRINCIPAL/PARENT CUPPA & CHAT

Apologies from Karen who is unable to make the Monday morning cuppa and chat next Monday (1 March).

This chance to discuss/chat or have anything clarified will occur again the following Monday.

### Notification of Primary Teachers Collective Agreement NZEI Union Meeting 2010

On Wednesday 24 March all our teachers have been called to attend paid union meetings from 1:30pm. While the meetings are scheduled during the school day, the union has attempted to minimize disruption to the school by scheduling them in the afternoon.

Although the school will not be closed, there will only be a very small number of staff available to teach on that afternoon. We welcome your support for our teachers and children for this afternoon. If you can spend the afternoon with your child/ren on Wednesday 24 March, please collect them from school between 12:40 and 1:30pm that day. Please remember to sign out your child/ren on the sign-out sheet at the office before leaving school.

For those children who remain at school, Karen and Deanne will be working with them in Harakeke (R5) and Taupata (R4) for the afternoon session.

Once again thank you for the support you offer our teachers and the school for this 'one-off' union meeting during the school day.

### One Learning Community Unveiling Celebration and Main Entrance Way

Just a reminder that on 25 March (date change) there is a celebration for the unveiling of our Learning Community – ie: Owhiro Bay Kindergarten and Owhiro Bay School. All parents, caregivers, families and children are invited to this celebration where there will be an unveiling of the new 'maui hook' sign at the front of the school. More details of this event in next week's newsletter.

#### **Please note:**

With addition of the new main entrance to our one Learning Community, the existing gate coming in near the bus shelter, will be removed during the Easter/school holiday break.

### School Trustees Board Elections

Please remember that this year is an important one for schools. Board elections are coming up and we need some enthusiastic and committed people to continue to govern our school well.

Over the past three years we have had a wonderful Board of Trustees who have helped guide and support the Principal, teachers and our community to provide a fantastic learning environment for our all children.

We are keen to see another fantastic Board elected in May for the next three year term. Maybe you would like to be part of this team or you know of someone else who you think would be great in this role; if so please encourage them to think about standing for our Board.

Nominations **open on 15 March and close on 23 April**. More details about the elections will be forwarded to you via our newsletters over the next few weeks.

If you would like to talk with a current Board member about what it all entails please feel free to contact Chris Roberts our Board Chair on 021 534 010.

### SAFETY IN THE SUN

During Terms 1 and 4, wearing of sunhats is compulsory in the playground, so please check your child has a **named** hat to wear at school. We also encourage the use of sunglasses and sunblock during these summer months.

We are currently looking for 3—4 people to help re-erect the shade cloths on Thursday 11 February. If you can help please contact Wendy.



### BOARD OF TRUSTEES MEETING

The next meeting of the Board of Trustees is on Tuesday 23 March at 7.00 pm. Please note that minutes of these meetings are available to read in a folder in the foyer in the office.

If you are interested in learning more about becoming a Board member, you are most welcome to come along to our next meeting on the 23 March.

### BIKE & WHEELS SAFETY WITH CONSTABLE DUNCAN

On Thursday 11 March, all senior students and maybe some other students who bicycle to school regularly will work with Constable Duncan on wheels safety and have their bicycles checked. Constable Duncan will send more information closer to the date.



### SCHOOL PICNIC

THURSDAY 25TH FEBRUARY

(postponement date 26th February)

At our picnic tomorrow we intend walking along the coast to Red Rock's Visitors Centre and the shoreline there.

During the walk we will be visiting rockpools and discussing care for seashore creatures as a review of 2009 learning and building on this.

We will leave school after morning tea at 11.10 am, have lunch on the shoreline and return to school by 3.00 pm.

Parent help is much needed—please let your class teacher know if you can come. At this stage we still require further help to ensure all classes can go on this picnic tomorrow.



### A NOTE FROM WHAEA LISA AND WHAEA KAHU

Kupu Hou (new word for the week)

**Kanohi ki te kanohi =  
Face-to-face  
Eye-to-eye**

Pronunciation :

car-no-he key tear car-no-he

### LIBRARY HELP PLEASE

Are you willing/able to come in and meet with Therese and Shelley in the library next Wednesday from 12.45 pm?

This is with the view of some possible help with processing and shelving books in our library.

If you can help, please contact either Therese, Shelley or Wendy in the office. Thanks.

### A NOTE FROM ROOM 3

Do you have green fingers? Room 3 would like your help with a garden plot they have planned.

If you can help, please contact Therese or Wendy. Thanks.

## "Nude Food" Days

Keep up the great work in promoting "Nude Food Tuesdays" or "Nude Food Everyday" if you are able. The reduction of wrappers makes a significant impact on our environment and the amount of waste being sent to the local landfill.

## ANNUAL SCHOOL HANGI

### **URGENT HELP PLEASE**

Owhiro Bay School is well known for its annual hangi that has occurred every year for the last 30 years (at least). This is a great learning opportunity for our students and a wonderful community event. Even though it is much looked forward to each year, the hangi can not go ahead without some people taking on the role of co-ordinating and organizing different parts of the event. Although we have had many offers to do some of the jobs...

***we desperately need*** people to oversee and co-ordinate one or more of each of the following

- Meat ordering and collection
- Veggie purchasing
- Veggie preparation and parcel loading workers on the day
- Stuffing – purchase of ingredients + dividing these for those volunteers who have offered to do this job
- Purchase of tinfoil, plates etc from Moore Wilson

Please don't be shy about putting yourself forward for this, as we have copies of amounts required, places to source the goods, recipe for the stuffing and can talk you through what is required to do the job.

If we get the people to help organize and oversee the hangi preparation then the hangi will go ahead on 19 March. ***At this stage we will not be selling tickets until we can confirm if the hangi will go ahead this year.***

***Please contact the school before next Tuesday 2 March (3pm) if you are able to take on one or more of the organization/co-ordination roles.***

We do not want our traditional hangi to be lost to our students and our community but many of our past community parents and community members who have been helping out for many years are no longer able to do this. We need new people to help organize, oversee and coordinate. Please let us know by next Tuesday 2 March before 3pm as we may need to postpone the hangi until 2011.

## Owhiro Bay School Web-site

Just a reminder that our school website was updated and upgraded by Matt Klyne at the end of last year. If you have not been in to look at it since then we urge you to take a look.

On this site you will find updated newsletters, information about Board Elections and much more. So take a look on [www.owhiro.school.nz](http://www.owhiro.school.nz)



## VIRTUES

The focus for this week is "Courage" or "Hautoa" which means personal bravery in the face of fear. Doing what needs to be done even when it is hard or scary. It is keeping on going ahead even when you feel like giving up. Admitting mistakes and then doing the right thing.

Next week the focus is "Consideration" or "aaro-nui".

If you are interested in finding out more about The Virtues Programme developed by Linda Kavelin Popov try looking up [www.virtuesproject.com](http://www.virtuesproject.com).

## PARENTLINK

### Entertainment Books

Owhiro Bay School is pleased to be offering the new edition of the Entertainment Book to parents/caregivers/friends/relatives as part of our fundraising campaign this year.

Entertainment Books contain hundreds of 25-50% off and two-for-one offers from popular restaurants, cinemas, hotels, the arts and leisure activities. The sale of each book will raise \$12.00 for Owhiro Bay School and contribute much needed funds to our fundraising targets for this year. We have a limited amount of pre-sale bonus offers worth over \$150.00 including offers from Lone Star, Reading Cinemas, Sierra Café, Mondo Espresso, La Marche Francois, The Hurricanes.

Please contact Jennifer Dunn to place your order and snap up these bonus offers. Email [kevjendunn@paradise.net.nz](mailto:kevjendunn@paradise.net.nz), Phone 934.2179 or text 0274 449679.

### Next Meeting:

The next meeting of Parentlink is held at 2.00 pm in the staffroom on Friday 5 March. All very welcome. Hope to see you there.

### SCHOOL FUN RUN TUESDAY 2 MARCH AT 1.30 PM

Please come along to our school FUN Run at 1.30 pm on Tuesday 2 March (postponement date 4 March).

We would like helpers to be stationed along the route and to cheer the runners on. **Please let your class teacher know if you come.**

### DENTAL UNIT

The Mobile Dental Unit will be arriving at school on Friday 5 March.

Our dental therapists Christine and Wendy will be checking children's teeth during the last 4 weeks of Term 1.

## COMMUNITY NOTICES

*Every effort is made to present accurate information.  
The Board of Trustees does not accept responsibility for any inaccuracies.  
The Board is unable to accept responsibility for guaranteeing the goods or services advertised.*

### LOST

Has someone found a sweater with hood and zip, elastic gathering. Dark pink-purple colour. European size. Please return to Sylvie Ryan or Aimee Ryan.



24 February 2010

Dear Parents and Caregivers

We hope your child enjoyed their visits to the Life Education Mobile Classroom and that they were able to tell you about their learning. The focus this year was on being unique and building self esteem as part of our big theme "Who am I?" (culture and identity).

To help meet government legislative requirements for consultation, the school informs parents, at least once every two years about the way we implement Health and PE programmes.. As part of this process we invite you to reply to the attached survey and let us know if you would like any further information regarding Health and PE programmes in the school.

When reviewing programmes we aim to check that they meet the needs of your child/ren. To help us do this we ask you to take the time to fill in and return the enclosed survey to school by 3.00 pm Friday 12 March. We are currently reviewing programmes in line with our new Owhiro Bay School curriculum Te Aratika o te kura o Owhiro. You will find our current Health and PE programme overview attached to this letter. Please feel free to comment on this and record any ideas or questions you have in the space provided in the survey. If you need any further information to fill in the survey please contact a staff member who can help out or if you prefer to speak to someone about your ideas, please contact the school office to make a time with a staff member.

Thank you for taking the time to pass on your views via this survey. It helps teachers in planning learning programmes for your child/ren that best address their particular needs, interests and circumstances and those of our community.

Karen, Hardie  
Principal

Colin Thompson & Shelley Berry  
Health & PE Co-ordinators

**Owhiro Bay School Health and PE Questionnaire 2010**

1 I/we have a child in the following year group(s) (please tick the one/s that apply to you).

- year 1 Harakeke (Room 5)
- year 2 Taupata (Room 4)
- year 3 Tawa (Room 6)
- year 4/5 Karo (Room 1)
- year 5/6 Pohutukawa (Room 3)

2 I/we think the following things make a healthy person:

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3. I/we think Owhiro Bay School does the following things to promote the well-being of students, e.g., Life Education, Virtues, Keeping Ourselves Safe, Water Safety, Kia Kaha, Firewise:

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4 I/we think Owhiro Bay School could do the following things to further promote the well-being of our students:

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Please tick the box that you feel most represents your thoughts about each key area of learning for the Health and Physical Education.

Area	Very Important	Quite Important	Not Important
<b>Physical Activity</b> ✦ skill development ✦ applying these skills ✦ swimming/fitness/ball games			
<b>Body Care &amp; Physical Safety</b> ✦ personal body care and hygiene ✦ identifying hazards which could harm our bodies ✦ keeping ourselves safe ✦ kia kaha anti-bullying			
<b>Food and Nutrition</b> ✦ making healthy food choices ✦ how food and exercise relates to being healthy			
<b>Mental Health</b> ✦ self esteem identity ✦ skills to enhance friendships ✦ dealing with conflict ✦ working co-operatively			
<b>Sports Studies</b> ✦ participating in team sports ✦ skills for fair play ✦ skills for coping with competition			
<b>Sexuality Education</b> ✦ body image ✦ how our bodies change as we grow ✦ puberty			
<b>Outdoor Education</b> ✦ enjoying adventure activities outside school ✦ personal and group safety ✦ outdoor activities in the community			



## **PHYSICAL EDUCATION AND HEALTH PROGRAMMES**

### **CONTENT:**

The content of this programme enables all children to participate in physical and health activities to:

- Challenge themselves to explore their full potential
- Learn, practice and apply motor skills
- Interact with other people in a positive way
- Encourage children to develop the skills, knowledge and attitudes to make informed life style decisions
- Practice the virtues in all parts of their learning and social interactions

Due to the inclusive nature of our schools learning community, many of these ideas will be incorporated into our daily programmes – assemblies, evacuation drills, sun smart, peer mediators.

### **In Health the predominant strands are:**

- A Personal health and physical development
- C Relationships with others
- D Healthy communities and environments

### **In Physical Education the predominant strand is:**

- B Movement concepts and motor skills (but is inclusive of strands A, C & D)

### **CHILD DEVELOPMENT:**

In terms of growth and development, when children enter school they have a range of physical, motor and co-operative skills. Up to Year 3, students tend to be aware of their immediate world and are concerned with their own perceptions of it. Older children are more able to explore the wider community and perceive the place of themselves and others in it.

### **PLANNING**

- Includes informing parents of topics to be explored, e.g., through class letters, newsletters, homework events published.
- Takes into account the prior knowledge and entering behaviour of the students
- Takes into account religious or cultural backgrounds/practice of students when planning
- Takes into account the learning and physical needs of individual students, and adaptations are included in plans where necessary
- Includes at least two strands in each unit of work using LTP as a reference.

### **REFERENCES:**

- Health and Physical Education NZ Curriculum
- The Curriculum in Action Supplementary
- Physical Education – A Guide for Success
- Kiwisport and Kiwidex Manuals
- Members of the school community, e.g., parents, teachers, voluntary sports organisations

- Outside agencies e.g., S.P.A.R.C. and Sport Wellington
- Life Education Trust Mobile Classroom and Programmes
- Skills for Growing K1-K5
- Self Esteem.....A Classroom Affair Books 1 and 2.

### **EXPECTATIONS:**

All children will develop a positive attitude to physical activities and health studies:

By the end of Year 3 most children will:

- Take part in regular fitness activities
- Have developed a wide range of movement skills
- Keep within safe boundaries during PE and identify safe play environments
- Enter the pool safely and develop some basic skill/water confidence. This will include using at least 1 swimming stroke.
- Use equipment to develop movement skills and care for equipment
- Are aware of including others
- Identify people who can help with health care
- Know basic routines for cleanliness
- Be aware of food needs and know they are related to health
- Know basic rules for safety and identify hazards in the community
- Express own ideas, needs and feelings and effectively listen to those of other people
- Develop an awareness of own and others health needs.

By the end of Year 6 most children will:

- Have developed more complex movement sequences in a range of situations
- Take part in a variety of fitness activities and identify described benefits
- Work co-operatively in team games/activities/sports
- Have developed water confidence, water safety skills and x 3 swimming strokes
- Have developed body awareness and motor co-ordination through structured expressive activities, e.g., gymnastics, folk dance
- Take part in competitive activities and describe how competition can affect people's behaviour
- Demonstrate an understanding of "fair play"
- Have participated in communal events and describe how such events enhance the well-being of the community.
- Identify the pressures that can influence interactions with others and demonstrate basic assertiveness strategies to manage these
- Identify healthy foods and unhealthy foods
- Know about body care and personal hygiene
- Have an awareness/confidence in identifying things that affect safety
- Develop a growing sense of responsibility for their own and others health and the environment.

### **ASSESSMENT AND EVALUATION:**

An assessment profile is kept for each child outlining the development/level of skills, knowledge and attitudes in some areas for physical education and health. This is done through teacher observation and self appraisal by students.